Pesto Chicken Whole Wheat Wraps  
Servings   
4  
Ingredients   
1 lb cooked chicken breast, diced  
½ tsp sea salt  
¼ tsp freshly ground black pepper  
¼ cup pesto sauce  
1 red bell pepper, roasted and thinly sliced  
2 cups chopped romaine lettuce  
4 whole-wheat tortillas, about 9 to 10-in diameter  
Instructions   
1. In a small bowl, combine chicken, salt, pepper and pesto sauce and toss together.  
2. Lay a tortilla on a flat surface. Place ¼ cup roasted pepper, ½ cup romaine lettuce and ⅓ cup chicken mixture on tortilla and roll burrito style.